

THE BIBLE CHAPEL - RECOMMENDED COUNSELOR

KAREN PASH



Karen received a Master of Arts in Counseling Psychology/ with a Christian Track from Waynesburg University and a Bachelor of Science in Psychology from the University of Pittsburgh. She offers counseling through Cognitive Behavior Therapy in which the client learns how thoughts translate into behavior and how to identify and change distorted thinking.

Karen works with female teens as well as adults to create a safe environment where fears and concerns can be shared freely. Karen also provides couples' counseling, creating and building healthy relationships. She specializes in other areas including anxiety, depression, abusive relationship, co-dependency, attachment styles, and relationship restoration. In all of these areas, Karen uses Biblical foundations to encourage the client to move from "victimhood to victor" in their lives.

For more information, contact counseling@biblechapel.org.

